

**Massage Intake Form**

**Name** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Have you ever had a massage before? Yes / No**

**What type of massage have you had?** \_\_\_\_\_

**Do you have any allergies? Yes / No**

**What kind of allergies (food, medicine, seasonal)** \_\_\_\_\_

**Are you currently under a physicians care? (Please explain)** \_\_\_\_\_

\_\_\_\_\_

**Are you currently taking any medications? Please list** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Do you exercise? How often and what type?** \_\_\_\_\_

\_\_\_\_\_

**How many caffeinated beverages do you drink per day?** \_\_\_\_\_

**How much water do you consume per day?** \_\_\_\_\_

**Do you have any history of back problems?** \_\_\_\_\_

**Do you have any history of joint pain or arthritis?** \_\_\_\_\_

**Are you pregnant? Yes / No**

**What kind of pressure do you prefer? Light / Moderate / Deep**

**How did you hear about O'Leigh Cosmetic Center & MedSpa?**

\_\_\_\_\_

\_\_\_\_\_